

Negro Business and Professional Directory of Greater Kansas City

AUTHORS.

MRS. MARIA P. WILLIAMS, Author and Lecturer, 1204 Highland Avenue, Bell phone East 4735.
BEAUTY PARLORS AND HAIR DRESSERS.
 MRS. MARION STIRMAN, Hair Dressing, Poro Treatment, 903 Independence Avenue.
 MESDAMES JACKSON & JOHNSON, 18th and Highland Ave. Bell phone E. 4788.
 MRS. CADDIE WITCHER, 1708 Michigan Ave. Madame Walker's Hair and Scalp Treatment. Bell phone, East 4167X.

CAFES.

DELMONICA CAFE, 1512 East 18th St. Bell phone, East 618.

COAL AND FEED.

W. W. PAYNE, 1902 1-2 Vine St. Bell phone, East 559; Home phone, East 4132.

CLEANERS, DYERS AND TAILORS.

WORTHAM BROS., 1831 Paseo. Bell Phone East 701.

DRUG STORES.

THEODORE SMITH, 1301 East 18th St. Bell phone Grand 4591. Home Main 5467.
 PEOPLE'S DRUG STORE, 18th and Paseo. Bell phone East 1814. Home East 4082.
 R. W. FOSTER'S PHARMACY—18th and Woodland. Bell phone East 272, Home phone East 4070.

DRY GOODS AND NOTIONS.

TAYLOR-HOLMES & CO., 2409 Vine Street.

EXPRESS AND BAGGAGE.

THOS. JACKSON, 1816 Highland, Bell phone, East 2377J.

MOVING VANS, F. W. DAVIS. Moving, packing and storing household goods. Bell phone, East 529; Home phone, East 2158. Residence, 1229 Woodland.

FLORISTS.

CROSTHWAITE FLORAL CO., 1801 East 18th St. Bell phone, East 272. Home phone, East 4070.

JEWELERS.

J. A. WILSON, 1616 West 9th St., Bell phone, Main 6248R.

LAWYERS.

C. H. CALLOWAY, 601 Delaware, Home phone M58, Bell phone Main 448. Practices in all courts.
 W. C. HUESTON, 601 Delaware, Home phone M58, Bell phone Main 448. Legal advice. Practices in all courts.
 E. A. SHACKLEFORD, Attorney at Law, 516 Minnesota Ave., Kansas City, Kas. Bell phone, West 3866.

LUNCH ROOMS.

THE LITTLE CHICAGO LUNCH ROOM. Mrs. Clara Mosely, Mgr., 1512 East 19th St., Bell Phone East 3485.

MILLINERY.

CALDWELL CHAPMAN, 18th and Paseo. Home phone East 4009.

PHOTOGRAPHERS.

C. BRUCE SANTEE, Proprietor The Fad, 1607 East 18th St. Bell phone East 1643.

PRINTERS.

C. A. FRANKLIN, 1309 East 18th Street. Bell phone, Grand 2088.

REAL ESTATE AND EMPLOYMENT.

AFRO-AMERICAN REAL ESTATE & INVESTMENT CO., Help furnished. 911 McGee street. Bell Phone 751 Main. Home Phone 7555 Main.

A B C EMPLOYMENT AND INVESTMENT CO., 500 Minnesota Ave. (upstairs) Kansas City, Kans. Bell phone, West 1743; Home phone, West 1036. C. W. Nelons, Mgr.

COLORED PEOPLE'S INVESTMENT CO., 2427 Vine St. Bell Phone East 1011, Home East 4011. Sol Smith, Pres.

SHOE STORE.

G. A. PAGE'S SHOE STORE, 1507 East 18th street. Bell phone, East 1328.

THEATRES.

OLD KENTUCKY, 1702 East 12th Street, J. L. Williams, proprietor, Bell phone East 4735.

UNDERTAKERS.

H. B. MOORE, 1031 Independence Avenue. Bell phone Main 3398W. Home phone Main 3341.

ADKINS BROS. & GREEN, 19th and Vine streets. Both phones, East 4349.

C. H. COUNTREE, Licensed Embalmer, 2220 Vine St., Bell Phone, East 3336, Home East 3341.

WATKINS BROS., 1729 Lydia Ave. Bell Phone Grand 987, Home Main 7989. Res., Bell East 3281.



BISHOP JOSHUA A. JONES, D.D.

Who has had a stormy four years on the bench of bishops. Will he be retired?

SAVINGS OF AGED COLORED WOMAN AIDS MEMORIAL FUND.

Tuskegee Institute, Ala., April 29.—One of the most unexpected contributions to the Booker T. Washington Memorial fund was received here a few days ago when the sum of \$500 was contributed under rather unusual circumstances.

The contribution represented a part of the savings of the late Mary Strater who died last January in 89th year. Miss Strater was born in Newark, N. J., when New Jersey was a slave state. At the age of 12 years she became the property of a prominent family of that city.

Later the family moved to Massachusetts and Miss Strater, then a young woman, went with the family as a servant and remained with them as servant and inmate until her death, a term of 77 years. At the time of her death her savings had accumulated into quite a sum, and it was her wish that a part of this money should be appropriated to aid in improving the condition of her race in the South.

A member of this family whom Miss Strater had nursed when a child, sent for the Booker T. Washington Memorial fund the sum of \$500 toward the cause. Commenting on this gift, Hon. Seth Low, chairman, in writing on behalf of the board of trustees in special acknowledgment thereof said:

"I observe that Miss Strater wished her savings to be given to aid in improving the condition of her race in the South, and I write to express, on behalf of the board of trustees, our appreciation of the fact that you have dedicated her savings to the Booker T. Washington Memorial fund. This association of the names of Mary Strater and Booker T. Washington, in view of their respective histories, seems to me peculiarly interesting."

The returns from the campaign for the memorial fund have been greatly encouraged during the past week by the contributions from school children following the special collection taken in school houses of city and rural districts on April 5. Accompanying these contributions there have come also the most interesting letters telling of the great love for our late Principal Washington on the part of these children, of their great desire to give something, no matter how modest, to the perpetuation of the work which he founded.

"Our children have given meagerly but eagerly and out of the fullness of their hearts," writes one teacher. These children have set an example for the men and women of the race and it is hoped and urged that the local memorial committees which are being organized in all parts of the National Negro Business League may not overlook any opportunity to bring the importance of this campaign before the members of the race in their cities. It is and should be so regarded a privilege and an opportunity for the colored people to contribute to this fund as a mark of respect for the service and sacrifice of Dr. Washington's life.

HERE IS A PROPER DIET

Daily Regimen That Is Guaranteed to Banish a Multitude of Diseases.

In the American Magazine Dr. E. F. Bowers gave a diet suited to the average wealthy person of indoor occupation:

"An ordinary domestic egg equals about eight grams of protein. This is approximately the amount contained in a cubic inch of steak, or a half pint glass of milk. A generous slice of bread contains about four grams of protein. The quantity of potatoes ordinarily dispensed at a meal equals two and one-half grams.

"Allowing for our inability completely to extract all the protein from any given amount of food, and convert it into assimilable pabulum, a liberal modicum of albumin would be twice Hindhead's protein formula, or fifty grams. This, remember, for an entire day.

"Therefore, a regular egg, five ounces of beefsteak, and one glass of milk should supply, for 24 hours, all the protein the system requires. The balance of the diet should consist of starches, sugars, fats and plenty of cellulose or hay. This can best be found in vegetables such as tomatoes, carrots, celery, turnips, beets, lettuce, squash and all that grand group of horse foods containing much fiber and little nutriment.

"Try this regimen for a while, and see if fermentation, headache, insomnia, rheumatism, nervousness and 'that tired feeling' do not disappear like snow upon the desert's dusty face. And when they do, remember that the chances of later developing Bright's disease, hardening of arteries and heart failure have been reduced to the irreducible minimum.

"The eating game is the most important in life."

Groped in the Dark.

An investigation of the beginnings of big business men has been conducted for the American Magazine by Hugh S. Fullerton.

"An astonishing feature of this investigation," he says, "is that so few of these men who have attained large successes remember the turning point in their lives until it is recalled to them. They 'never thought of it,' yet when the idea was explained, every one of them could put his finger upon the exact place at which they turned toward success. It was astounding to find that the majority of them were merely floundering through life without definite aim or purpose up to that point and that from that point on they saw the course plainly and worked with positive purpose toward an end.

"They were groping blindly and could not see an opening until it came almost as an inspiration. Yet each one with whom I talked claimed to see clearly the turning points and the opportunities of others."

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One of the most successful business enterprises that has been launched by the members of the race in recent years is the new undertaking and embalming establishment of



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ADKINS BROS. & GREEN

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Their furnishings and equipment is of the very latest model and their popularity and uniform courtesy has made their business an instantaneous success. Not only have they beautiful caskets, costing from fifty to two hundred dollars, but they furnish the most elegant and satisfac-



OUR CENTRAL LOCATION 19th and Vine Streets

tory caskets for from twenty-five to forty dollars that can be found in this city. They furnish either automobile or carriage service with their funerals as their patrons may desire, and they employ nothing but skillful and careful drivers on either their autos or carriages.

They have one of the best graduate

embalmers of the race. And their work has won much favorable comment in the many funerals they have had in both Kansas Cities.

Their policy is not to attempt to force shop worn and inferior goods on their patrons, but to be guided by their patrons' desires and give them the very best possible service, whether it represents a ten dollar funeral or a two hundred dollar funeral.

All fraternal society emblems and mottoes furnished on application, as well as floral designs and decorations; also the use of their chapel to those desiring such service.



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